

# JCHD Recommended Guidelines for Safe Donation and Distribution of Goods

- ✓ *Respiratory droplets from coughs or sneezes are the main source of transmission from person to person.*
- ✓ *Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.*

## COVID-19 Detectable timelines for various surfaces....

- Cardboard up to **24 hours**
- Plastic and stainless steel for up to **48-72 hours**



## Proper Disinfection of COVID-19...

- Chlorine bleach concentrations and mixing instructions:
  - Prepare a dilution of fresh bleach every day of use and discard unused portion.
  - Be aware that bleach can damage surfaces and stain material
- **1/3-cup bleach in 1-gallon water**
  - Follow manufacturer's instructions for application and proper ventilation.
  - Never mix household bleach with ammonia or any other cleanser.
  - Rinse objects such as toys with water after disinfection
- Alcohol solutions with at least **60% alcohol**
- Most common EPA-registered household disinfectants
  - Soap and water
  - Lysol brand products
  - Clorox brand products
  - Hydrogen Peroxide



## How to Safety Distribute Donated Goods....

- Financial donations are the preferred and safest method of donation
- Financial donations can be used to purchase items that can be shipped directly to distribution sites for delivery.
- Donated essential items such as food, need to be kept stored away from any contact for at least **3 days** prior to handling/distribution.
- Recent information suggests that the isolation of products beyond **72 hours** should render the virus inviable, therefore disinfection in addition to that would be an additional precaution.
- Anyone handling donated good should use gloves, wash hands, and avoid touching their face.
- Distribution processes should avoid aggregation of multiple volunteers in the same spaces for preparation/sorting/distribution or recipient aggregation during pick-up.

## Additional Safety Measures...

- Frequently wash your hands with soap and water for at least **20 seconds**.
- Use an alcohol-based hand rub with at least **60% alcohol**.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Stay home when you are sick.
- Avoid close contact with people who are sick.

