

Substance Use Education Program



About Our Program

Knowledge is power, and when we share it, we can create a stronger, more resilient community. With various learning opportunities designed with everyone in mind, from parents to students and community leaders, our substance use education program is created to be inclusive and welcoming. Our goal is to equip all Jackson County individuals with the tools to make healthy decisions and foster a supportive, safe, harm-free Jackson!

Adaptable to any group & deliverable in various formats, including webinars, workshops, and one-on-one sessions.

Program Topics



Understanding Addiction

Look at the science behind addiction, how different substances affect the brain, and the various factors that contribute to dependency.



Keeping Medication Safe

Learn best practices to keep medications stored away safely from kids and pets with our FREE medication lock boxes and drug deactivation pouches.



Building Resiliency

Discover effective coping strategies, healthy ways to manage stress, and alternative approaches to pain relief.



Youth & Family Education

Gain skills for having honest conversations about substance use and misuse, building confidence in your kids, and recognizing the warning signs.



Local Trends & Updates

Explore local data to understand how substance use has impacted our community, and how programs like ours are making a positive impact.



Navigating Local Resources

Find out about the Jackson area resources that provide harm reduction, substance use education, treatment, and recovery services.

Ready to learn more? Contact Emma, JCHD Health Educator



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