



Participant Handbook

Hon. Susan B. Jordan

Jake Stressman

Shelly Kosmet

Jackson County Adult Treatment Court

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Welcome to the Jackson County Adult Treatment Court

The Jackson County Adult Treatment Court is a specialty court within the court system designed to treat addicted individuals and give them the tools they need to change their lives. In order to successfully complete the program, each client must demonstrate a continuous abstinence from drugs and alcohol for a significant period of time as well as satisfy treatment and supervision conditions, pay fines/fees and complete community service.

This handbook will give you an overview of the requirements and expectation of the Jackson County Adult Treatment Court program.

We look forward to supporting you in your recovery.

Sincerely,

Susan B. Jordan

Hon. Susan B. Jordan
Presiding Judge
Jackson County Adult Treatment Court

Mission

The mission of the **Jackson County Adult Treatment Court** is to eliminate drug and alcohol use by the participants in an effort to restore their self-worth and productivity. Recovery from the disease of alcohol and drug dependence is a difficult process that requires commitment, honesty, openness and willingness.

About Jackson County Adult Treatment Court

Involvement in the Treatment Court is very different for the defendant than being sentenced to a term of probation. This program is for those individuals who are ready to be actively involved in making life changes, which will sustain abstinence and foster their growth and development in all areas. The Treatment Court Team consists of a circuit court judge, case manager(s), recovery coach, treatment providers, probation agent(s) and law enforcement representative(s). A member of the Prosecutor's Office and a Defense Attorney are also part of the Team, which jointly makes decisions in regards to the Court's response to the participant's progress.

All Treatment Court participants will be involved in a comprehensive and integrated program of substance abuse disorder treatment and rehabilitation services, to be supervised by the Treatment Court judge. The program requires a minimum participation of 12 months (four phases) before program completion/graduation. A person can also serve more time in these phases if he or she does not comply with program requirements.

During participation in the program, a person will be required to attend substance use/ disorder treatment, which can include detox, residential, intensive out-patient and out-patient therapy. They will also be expected to submit to regular random drug screenings, attend a minimum of five 12-Step/Self-help meetings per week during the first two phases and three meetings during the third and fourth phase. They will be expected to report to their assigned probation agent as required and attend Treatment Court sessions two times per month in the first two phases, and one time a month in phases three and four.

Treatment Court Team

Your involvement in Treatment Court will be different than being sentenced to prison, jail or regular probation. This program is for those individuals who want to live a life free of alcohol and/or drugs. The Treatment Court Team is composed of the following members:

Hon. Susan B. Jordan- Judge
Jake Stressman- Program Director
Shelly Kosmet- Lead Case Manager
Shannon Douglas- Family Service Children's Aid
Danielle Zischke- Probation Agent
Danielle Schuette- Probation Agent
Meaghan McKeon- Assistant Prosecutor
Gary Schuette- Sheriff
Amy Dickerson- Community Corrections
Phil Curtis- Defense Attorney
Adam Simms- Henry Ford Behavioral Health
Doug Rickman – Family Service Children's Aid
Jamie Wright- Veteran Justice Outreach

The Team assists the judge in deciding who to admit, making decisions, and monitoring progress.

Qualifications for Admission

A person referred to the Treatment Court program must complete a thorough legal and clinical screening process to be considered for admission. The following criteria are used to determine eligibility:

Eligibility Requirements

1. Must be a resident of Jackson County
2. Must be age 18 or older
3. The offense or offenses allegedly committed by the individual must be related to the abuse, illegal use, or possession of a controlled substance or alcohol. MCL 600.1068(1)(a)
4. The individual must plead guilty to the charge or charges on the record MCL 600.1068(1)(c)
5. Has not participated in the Jackson County Adult Treatment Court program within the last 3-years.

Legal Eligibility Requirements (reviewed by Prosecutor's Office)

1. Must not have past or current charges that indicate the delivering, manufacturing, or distribution of controlled substances in a manner inconsistent with supporting personal substance use.
2. Must not have pending charges/obligations in other jurisdictions.
3. May be denied admission if past or current charges include felonies involving firearms.

Prior record shall not include:

1. Any prior conviction involving death or serious bodily injury to an individual whether or not any of the circumstances are an element of the offense, or an offense that is criminal sexual conduct of any degree. MCL 600.1060(g).

Current charge(s) shall not include:

1. Any current offense involving death or serious bodily injury to an individual whether or not any of the circumstances are an element of the offense, or an offense that is criminal sexual conduct of any degree. MCL 600.1060(g).
- Current or prior offenses may disqualify candidates from participation in the Adult Treatment Court if empirical evidence demonstrates offenders with such records cannot be managed safely or effectively in the program.

Clinical Eligibility Requirements (reviewed by Clinical Director)

1. Qualify for substance use treatment at the level of Intensive Outpatient (IOP) or higher.
2. No health conditions that require continuous management with opiate or other narcotic medications.
3. No mental illness requiring the long-term prescription of medication with addictive properties.
4. No severe and persistent mental health diagnosis or significant cognitive impairment.

Courtroom Etiquette

Do Arrive to the review hearings 10-15 minutes early.

Do Go to the bathroom before the review hearing begins.

Do Address the judge with respect.

Do Bring your recovery support/12-step meeting attendance sheet and/or other paperwork as directed by the judge or Treatment Court team.

Do Not leave the courtroom while the review hearing is in progress

Do Not talk when the judge or participant is speaking

Do Not swear or use profane language in the courtroom

Do Not bring food or beverages into the courtroom.

Do Not chew gum in the courtroom.

Do Not sleep in the courtroom.

Do Not wear clothing with obscene or inappropriate language, pictures or references.

Do Not wear clothing that display gang affiliation.

Do Not wear tank tops, revealing shirts, blouses, short shorts or unbuttoned shirts.

Do Not wear hats, bandanas or sunglasses.

Do Not bring disruptive children into the courtroom

Participant Obligations

1. I agree to abide by the requirements of the Treatment Court Program as outlined in this Handbook
2. I agree to participate in the evaluation of the Treatment Court Program by providing information to the Treatment Court Team, staff and evaluator(s), including for up to two years after my graduation.

3. I also agree to provide Treatment Court staff with my current address, phone number and contact information during the program and for at least two years after my graduation.
4. I agree to comply with all the terms of my probation and report as required.
5. I will notify any doctor, dentist, ER, hospital or medical clinic I seek treatment from that I must have non-narcotic medication.
6. I will participate fully in the program of substance abuse treatment and counseling which the Treatment Court Team deems necessary for me.
7. I will submit to drug testing, compliance checks and report for all Treatment Court sessions as directed by Treatment Court staff or probation agent(s).
8. I understand that I will be subject to immediate sanctions for failure to comply with my obligations, the Treatment Court Rules, or directions of the Judge or Recovery Court Team. I understand that any sanction imposed is determined by the judge, with the input of the team, according to the unique circumstances of each individual participant. Sanctions will not be the same for every participant.
9. I agree that the Treatment Court may take photographs/video of me while participating in the program.

Treatment Court Program Rules

As a Treatment Court participant, I understand that I am also required to abide by the following rules:

1. Do not use or possess any drugs or alcohol and do not ingest anything not made for human consumption

Sobriety is the primary focus of this program. Maintaining a alcohol/drug free lifestyle is very important in your recovery process. This includes mood altering prescription drugs, i.e., benzodiazepines (Valium, Xanax, etc.); opiates (Tylenol 3, Percocet, Vicodin, Oxycodone etc.); and narcotics (morphine, methadone, etc.) This also includes mouth wash and cough medication. Do not use any product containing alcohol. Use of any of these substances may result in discharge from the program. You must report any prescription drugs you receive to the Treatment Court Case Manager.

2. Do not go to casinos, other gambling establishments or to places that primarily serve alcoholic beverages.

You must stay away from environments, which might trigger relapse. Do not go into casinos, race tracks, bars or restaurants, which primarily serve alcoholic beverages. It is best not to go to establishments that serve alcohol. Alcoholic beverages are a known trigger. Your presence in establishments that serve alcohol puts your future at risk!

3. Report on time to your probation agent as directed. Comply with all conditions of probation as detailed on your Probation Order(s).

4. Do NOT try to adulterate your test samples by drinking excessive amounts of water or flushing products

A critical component of success in Treatment Court is demonstration that you are not using drugs or alcohol. You will be frequently tested. If you are caught even attempting to adulterate or flush your system in order to change test results, you will be SANCTIONED! If testing shows you have a low creatinine level, this will be considered evidence of flushing and a positive test! You will be SANCTIONED for low creatinine levels during tests, unless you can demonstrate a verifiable medical reason your creatinine level is not within the normal range.

5. Attend all ordered treatment sessions.

This includes individual and group counseling, educational sessions, and 12-step/mutual aid meetings. If you are unable to attend a scheduled session, you must contact the treatment provider prior to the appointment and notify the Treatment Court Case Manager immediately.

6. Be on time for appointments and Treatment Court sessions.

If you are late or miss appointments or sessions, you will be considered non-compliant. You must obtain permission from Treatment Court staff in advance to be late or absent.

7. Do not make threats toward other participants or staff or behave in a violent manner.

Violent or inappropriate behavior will not be tolerated and will be reported to the Court. This could result in termination from the program.

8. Do not associate with known felons or anyone engaged in any behavior, which constitutes a violation of any criminal law.

Association with felons who are Treatment Court participants, group outpatient clients, or support group members is permitted during these appropriate settings.

9. Dress appropriately for Court and treatment sessions.

Clothing bearing drug or alcohol related themes or promoting or advertising alcohol or drug use is not allowed. Sunglasses are not to be worn inside court or treatment center unless medically approved. Hats are not to be worn unless for religious reasons. Speak with the Treatment Court team if you need assistance with clothing.

10. You must attend the entire Treatment Court Session and remain seated.

It is very important to observe appropriate behavior in court for the benefit of yourself and others present. Do not leave the court session early unless you have approval.

11. Comply with the curfew that Treatment Court has assigned. Remain in your residence during those hours.

12. You must notify the Treatment Court staff immediately (in writing) of any change in your residence or phone number.

13. You must be truthful with the Judge, Treatment Court staff and your probation agent

Medication Assisted Treatment

The Jackson County Adult Treatment Court accepts clients who, with professional medical advice, voluntarily elect Medication Assisted Treatment (MAT) as part of their treatment protocol is available through state or federal public funding, Medicaid, private insurance or private pay.

In addition to traditional treatment for chemical dependency, this population works with providers with advanced knowledge of MAT/Med issues and therapy techniques. Random drug testing will be used to ensure medication compliance as well as program requirement adherence. MAT clients may be required to attend specifically designed treatment modules used to address recovery issues.

The use of medication prescribed for addictive disorders have various levels of abuse potential ranging from nonexistent risk (e.g. naltrexone) to high risk of abuse (e.g. methadone) which creates a recovery issue that requires court oversight. The Jackson County Adult Treatment Court does not provide direct medical treatment; however, the court expects Treatment Court clients who select MAT as part of their recovery protocol to adhere to the following treatment philosophy or be subject to discharge:

1. Select a court approved credentialed addiction specialist medical professional (e.g. ASAM or SAMHSA) or physician with advanced knowledge of recovery issues.
2. Use effective medications with the lowest risk of abuse for the treatment of addiction disorders or co-occurring disorders.
3. Discontinue medications that are abused or diverted after the participant and/or drug court team have made reasonable efforts to increase compliance.
4. Document a trial of cessation of MAT under the supervision of the previously approved credentialed addiction specialist, including the titration from medication which contain agonist properties while engaged in the Treatment Court program.
5. Demonstrate treatment engagement and program compliance to achieve the goals of sustainable recovery.

Clients utilizing MAT must authorize communication between the court and all medical professionals writing prescriptions for that client, to guard against the issue of unnecessary drug seeking behavior

Treatment Procedure

The clinical director will assess the level and intensity of treatment that will best meet the participant's needs. A recommendation will be made to the Treatment Court judge indicating that the client should receive detoxification, residential or intensive/outpatient treatment. If admitted to a residential treatment program, the treatment plan will include the requirements of that program. If not admitted into residential treatment, a treatment plan will be developed by the clinical director as a guide for the initial treatment phase. The plan will be maintained and updated as the participant progresses through the program.

Recipient Rights

When you receive mental health services your rights are protected by Michigan's Mental Health Code and many other Federal and State Laws. Staff are responsible to act in a manner that protects your rights when they provide services to you. If you do not understand your rights, or if you have questions about your treatment, you should ask staff. If you believe that your rights have been violated, you should tell the Rights Advisor/Officer at the location where you are receiving services

Levels of Treatment

The treatment experience for each Treatment Court participant will differ depending on their own circumstances. Each participant will work with their treatment provider to prepare an individual treatment plan to map out a successful recovery journey designed to meet their unique issues.

The following services are available through community-based treatment partners:

Detoxification Services – Assists clients in withdrawing from drugs, including alcohol. There are both medical detox facilities (acute detox) which have physician supervision and social detox facilities (sub-acute detox) which is non-medical detoxification in a treatment setting or other safe environment.

Inpatient Treatment - Residential inpatient treatment to treat alcohol/drug issues for a specific number of days depending on the progress of the individual. This is a concentrated intervention program that consists of therapy, education, and activities for detoxified alcoholics and addicts.

Outpatient Treatment – Consists of group and individual treatment services of varied duration and intensity for chemically dependent clients in a non-residential setting. Clients will be given the level of outpatient treatment required for their circumstances and that level of care will change as indicated by their level of change toward recovery.

Aftercare Treatment – Consists of individual treatment services once per month to review adherence to the Relapse Prevention Plan. In addition, clients will be required to attend aftercare group meetings or events as directed.

Treatment Provider Co-Pays

Treatment is provided by several care providers in Jackson. Although most of the costs involved are covered by insurance or other funding, you might encounter Co-Pay charges. Unless the Treatment Court indicates otherwise, you will be responsible for those charges. If you have serious financial difficulties, please advise the treatment provider and Treatment Court staff.

Phases, Graduation & Termination

All Treatment Court participants will be offered a comprehensive and integrated program of drug treatment and habilitation services, to be supervised by the Treatment Court Judge. The program requires a minimum of 12 months of participation before graduation as well as a minimum of 12 months on probation.

Your time in the program starts after completing orientation unless you are in jail. If you are in jail, the program starts when you are released. The Phase requirements are as follows

ADVANCEMENT CRITERIA IN GENERAL

To advance in the program, you must be making progress and following all of the rules. Sometimes participants fail to advance because they are not making any progress in paying or working off fines/costs/restitution, missing treatment appointments or failing to turn meeting sheets.

Phase/Days	Requirements & Advancement Criteria
<p><i>I – Stabilization</i></p> <p style="padding-left: 40px;"><i>90 Days</i></p>	<ul style="list-style-type: none"> • SUD treatment (residential, detox, IOP, OP) as determined by team • A minimum of five 12-step/mutual aid meetings per week • Meet with CM 1x per week • Report to probation agent 2x month • Obtain a sponsor/mentor. • Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, job training and GED • Drug test minimum 2x per week*; Free from positive drug test results for 30 consecutive days • Attend mandatory Treatment Court status hearings • Free from unexcused absences from scheduled services for 30 consecutive days • Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety

<p><i>II – Abstinence</i></p> <p><i>90 Days</i></p>	<ul style="list-style-type: none"> • Continue SUD treatment as directed • Meet with CM as directed/needed • A minimum of five 12-step/mutual aid meetings per week • Report to probation agent as directed/needed • Maintain a sponsor/mentor • Drug test minimum 2x per week*; Free from positive drug tests for 30 consecutive days • Attend mandatory Treatment Court status hearings • Free from unexcused absences from scheduled services and/or activities for 30 consecutive days • Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, 12 Step Study, job training and GED • Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety
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<p><i>III – Pro-Social</i></p> <p><i>90 Days</i></p>	<ul style="list-style-type: none"> • Meet with CM as directed/needed • Report to probation agent as directed/needed • A minimum of three 12-step/mutual aid meetings per week • Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, job training and GED • Drug test minimum 2x per week; Free from positive drug tests for a minimum of 30 days • Attend mandatory Treatment Court status hearings • Free from unexcused absences from scheduled appointments or services for 60 consecutive days • Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety
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<p><i>IV – Prevention</i></p> <p><i>90 Days</i></p>	<ul style="list-style-type: none"> • Meet with CM as directed/needed • Report to probation agent as directed/needed • A minimum of three 12-step/mutual aid meetings per week • Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, job training and GED • Drug test minimum 2x per week; Free from positive drug tests for a minimum of 90 days • Attend mandatory Treatment Court status hearings • Free from unexcused absences from scheduled appointments or services for 60 consecutive days • Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety
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Graduation

Once all requirements have been met, a recommendation for graduation will be made prior to the status hearing. The Treatment Court team will meet to consider the merits of the recommendation to graduate and must agree that you have sufficiently integrated the necessary tools to support long-term recovery. Graduation recommendations will then be approved by the judge and a formal ceremony will be conducted at the Treatment Court status hearing. During the ceremony, the Treatment Court judge will present a signed certificate of completion and an incentive credit of \$100.00 towards fines/fees to each graduate at which time the you are encouraged to speak about their Treatment Court experience and to offer encouragement to those in attendance.

Charge Reduction

Some participants in Treatment Court will have their charges reduced to misdemeanors if they successfully complete the program. This must be part of your plea agreement with the Prosecutor. You do not automatically have felony charges removed just because you are successful in the Treatment Court program. Be sure to discuss this issue with your attorney.

Termination

VOLUNTARY TERMINATION

A participant may petition the Court for termination from Treatment Court. The court may enter a termination order if it is determined that the request is knowingly and voluntarily made. The court will return the case to the referral court for further proceedings.

INVOLUNTARY TERMINATION

A participant will be terminated from the program if they are convicted of a felony that occurred after admittance in the Treatment Court program (MCL 600.1074) Participants may be terminated for willful failure or inability to comply with the terms and conditions of the Treatment Court. The Court will consider the following factors: the nature of the violation, the time the participant has been in the program, the number of previous violations, the participant's criminal history, whether we believe you can succeed in the program, the participant's desire to achieve sobriety and whether the nature of the violation would have initially precluded the participant from being accepted into the program. On finding a probable probation violation, the Treatment Court Judge may remove a participant from the program, schedule and conduct a probation violation hearing with a right to counsel and impose an appropriate sentence.

ADMINISTRATIVE DISCHARGE

If a participant cannot complete the treatment court program, through no fault of his/her own, they may be administratively discharged. Examples of reasons for an administrative discharge include: mental illness or a medical necessity. The court may enter an order of termination and return the case to the referral court for further processing.

Due Process

Treatment court termination hearings and sanction hearings involving a liberty interest where the client is contesting the facts of the violation require procedural protections under due process and under MCR 6.445, including, but not limited to the following:

- a) The court must hold a hearing similar to an arraignment hearing,
- b) The court must ensure that the client receives written notice of the alleged violation,
- c) The court must advise the client that the participant has a right to contest the charge at a hearing, and
- d) The court must advise the client that the participant is entitled to a lawyer's assistance at the hearing and at all subsequent court proceedings, and that the court will appoint a lawyer at public expense if the client wants one and is financially unable to retain one.

Incentives, Sanctions, and Therapeutic Adjustments

The Treatment Court program has a guideline of behaviors which may elicit an incentive, sanction, or therapeutic adjustment. Clients receive consequences that are equivalent to those received by other clients in the same phase of the program who are engaged in comparable conduct. The Treatment Court Team meets twice monthly, with the defense attorney present to discuss and have a recommendation for the court before status review hearings. The Treatment Court team reserves a reasonable degree of discretion to modify a presumptive consequence in light of the circumstances presented in each case.

INCENTIVES - The reward process recognizes the positive achievements of Treatment Court clients as they progress through the phases of the program, from active addiction to sobriety. Behavioral changes that may result in a reward are discussed by the team and recommended at the status review hearing. Rewards may take many forms and will be consistent with the goals and objectives of the participant's treatment plan. Achievements and rewards may include, but are not limited to, the following:

Achievements	Incentives
<ul style="list-style-type: none">• Attending all court appearances• Negative drug test results for period of time• Attendance and participation in treatment• Attendance and participation in support meetings• Completion of GED• College enrollment and attendance• Job placement/promotion• Compliance with treatment/supervision plan• Volunteer work	<ul style="list-style-type: none">• Gift Certificates to restaurants• Praise from Judge and Team• Fuel Cards• Gift Certificates for Court Fines/Costs• Allowing out-of-state travel• Early Phase Promotion• Certificate of Achievement

SANCTIONS – Non-compliance is addressed at the status review hearing. Since sanctions are most effective when applied immediately, clients violating the terms and conditions of their enrollment in Treatment Court will be required to report in person to the next scheduled Treatment Court review hearing. Thus, the non-compliance issue(s) can be addressed as early as possible. The Treatment Court team will discuss and agree upon the sanction to be imposed for non-compliance, emphasizing a team, rather than an adversarial process. Negative behaviors and sanctions may include, but are not limited to, the following

Behaviors	Sanctions
<ul style="list-style-type: none"> • Missed court appearances • Missed appointment with probation • Missed support meetings • Violation of court order • Positive drug test • Missed drug test (considered a positive test) • Tampered drug test • Missed treatment • Inappropriate behavior at treatment facility • New felony charge or conviction • Non-compliance with treatment plan 	<ul style="list-style-type: none"> • Phase Demotion • Increased alcohol/drug testing or a change in the type of testing; • Change in a curfew • Tether • Community service; • Jail (Weekends may be allowed for employed people.) • Formal probation violation. • Admonishment from the Treatment Court Judge; • Composing a short essay to be read at a Treatment Court session.

THERAPEUTIC ADJUSTMENTS- Clients do not receive punitive sanctions if they are otherwise compliant with their treatment and supervision requirements but are not responding to the treatment interventions. Under such circumstances, the appropriate course of action may be to reassess the individual and adjust the treatment plan accordingly. Adjustments to treatment plans are based on the recommendations of duly trained treatment professionals.

Costs and Community Service

If you are assessed restitution in your case, it is required by law that 50% OF ALL CASH PAYMENTS made be used toward restitution. If you are financially unable to pay your court fines/costs, you can pay for them by working Community Service. The court will credit your account at the rate of \$15.00 per hour for work completed.

Participation in 12-Step Meetings/Mutual Aid Programs

A major part of understanding your addiction and healing process will involve a 12-Step/mutual aid program. You must attend meetings at least five times a week in phase I and II and three times a week in phase III and IV. We suggest that you start right away. You **MUST** bring in attendance sheets to the Treatment Court Team. To assist you in choosing the right meeting place or group, we will provide a list of groups, locations and times of the meetings.

Drug and Alcohol Testing

You will be tested randomly throughout the entire time in the program.

1. You will be observed to ensure freedom from errors.
2. If you miss a test, it will count as a positive test.
3. If you have a positive test in any Treatment Court phase, you will receive an immediate sanction, including jail time, to help you stop your drug using behavior.
4. If you have a positive test result, the sample will be sent to the lab for confirmation unless you sign an “admit to use” form. If the results for the test are positive, you will receive a sanction. If the results are negative, there will be no sanction.
5. Each participant will drug test a minimum of two times per week throughout all four phases.
6. If the participant fails to complete the Treatment Court program in a 12 month period, it will become the responsibility of the participant to pay for each required drug test until successful completion of the program.

Failure to report for drug testing, failure to submit a sample or adulteration of a sample will be treated as a positive test. Use of a device or substance to affect test results will result in a sanction, including possible termination from the program.

Alcohol

You are not to use, possess, or consume any controlled substances and/or products that contain alcohol. It is your responsibility to provide prescription information to the Treatment Court staff immediately. Information about drug and alcohol products and products to avoid are provided. You are responsible for reading labels of products to ensure they don't contain alcohol (including mouthwash and cough medication). Further, remember you are prohibited from being in a place where the sale of alcoholic beverages for consumption on the premises is the major part of that location's business.

Medical Marijuana

The Jackson County Adult Treatment Court program seeks abstinence of marijuana among participants by taking corrective actions in response to marijuana use however, a subset of participants may be permitted to use prescribed marijuana by demonstrating medical necessity. In order to be authorized to use medical marijuana while participating in the JCATC program, the court will review each request on a case-by-case basis requiring convincing and demonstrable evidence of medical necessity presented by a competent physician with expertise in addiction psychiatry or addiction medicine as well as a recommendation from your primary care physician and treatment provider before allowing marijuana for medical purposes.

Recreational Marijuana, CBD and Designer Drugs

The Jackson County Adult Treatment Court prohibits using/possessing recreational marijuana, non-prescription cannabinoids (CBD) or designer drugs in any form such as but not limited to; Bath Salts, Flakka, Spice/K2, Synthetic Marijuana, and U4. Any use/possession of these substances is inconsistent with program goals and may result in program sanction or termination

Prohibited Substances

INCIDENTAL INGESTION OF SUBSTANCES THAT PRODUCE A POSITIVE DRUG TEST

Urine testing detects “non-target” compounds such as amphetamines, benzodiazepines and opiates. Since we consider every positive drug test a violation, you should avoid the use of foods or products that contain these substances. Some examples:

Poppy seeds: Poppy seeds contain trace amounts of both codeine and morphine and can cause positive drug test results for the “opiates” class.

Diet pills: Some diet pills contain amphetamines and can cause a positive drug test for amphetamine-based compounds.

Allergy or cold medications: Some allergy and cold medications contain codeine and can cause a positive drug test for opiate-based compounds.

INCIDENTAL ALCOHOL EXPOSURE

In order to preserve the integrity of the Treatment Court testing program, please refrain from the use of the following alcohol-containing products:

Cough syrups and other liquid medications: Nyquil® and other cough syrup brands and numerous other liquid medications rely upon ethyl alcohol as a solvent. Please read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your case manager before use. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-alcoholic beer and wine: Although legally considered non-alcoholic, NA beers such as O’Doul’s® and Sharps® do contain a residual amount of alcohol.

Food and other ingestible products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts, such as ginkgo biloba, could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, kombucha and flambé dishes (alcohol poured over a food and ignited such as cherries jubilee and baked Alaska) should be avoided. Please read labels carefully on any liquid herbal or homeopathic remedy.

Mouthwash and breath strips: Most mouthwashes, such as Listerine®, Listermint® and Cepacol®, and other breath-cleansing products contain ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips should be avoided. Non-alcohol mouthwashes, such as ListerineZERO ®are readily available and are an acceptable alternative.

Hand sanitizers: Hand sanitizers, such as Purell® and Germex®, and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand-washing with soap and water are just as effective for killing germs.

Hygiene products: Aftershaves and colognes, hair sprays and mousse, astringents, such as Calomine® lotion and Witch Hazel®, insecticides, such as Off® bug spray, and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products (or their breakdown products) would result in a positive test for alcohol, excessive, unnecessary or repeated use of these products could affect test results. Please use such products sparingly to avoid reaching detection levels.

Solvents and lacquers: Many solvents, lacquers and surface preparation products used in industry, construction and the home contain alcohol. Both excessive inhalation of vapors and topical (skin) exposure to such products can potentially cause a positive test result for alcohol. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. If you are employed where contact with such products cannot be avoided, please discuss this with your case manager. Do not wait for a positive test result to do so.

REMEMBER, YOU ARE RESPONSIBLE FOR WHAT GOES INTO OR ON YOUR BODY. WHEN IN DOUBT, DO NOT USE, CONSUME OR APPLY.

Acceptable Medications

The Following Are Usually Acceptable Medications:

Aspirin, Tylenol, non-steroidal anti-inflammatory drugs, (Motrin, Nuprin, Advil, Naprosyn, Daypro, Anaprox and others) antibiotics, some cold medications and some antihistamines (e.g., Allegra and Claritin).

*At times individuals in recovery need to be maintained on psychiatric or medications for chronic pain issues, but the decision to do so should be made jointly by the patient's psychiatrist, treating physician and therapist. Drugs prescribed to control psychiatric disorders and pain issues should be used only with caution and a very secure diagnosis.

List of Medications to Avoid Taking

The following is a partial list of medications and preparations which, are generally considered to be UNSAFE for those who are recovering from the disease of Chemical Dependence (alcoholics and drug addicts):

1. Benzodiazepines and other tranquilizers- Valium, Librium, Librax, Limbitrol, Tranzene, Dalmane, Serax, Xanax, Klonopin, Halcion, Ativan, Versid, Miltown, Equanil, Equagesic, Soma, buspirone, and others.
2. Barbiturates and other sedatives- Phenobarbital, Nembutal, Seconal, Fiorinal, Esgic, Donnatal, Doriden, Placidyl, Chloral Hydrate, Ambien, Sonata and others.

3. Narcotics- Morphine, Demerol, Dilaudid, Dolophine (methadone), Percodan, Duragesic (fentanyl), Tylox, Synalgos-DC, Codeine (Tylenol # 3, etc.), Talwin, Wygesis, Vicodin, Lortab, Lorcet, Nabin, Oxycontin, Oxycodone, Stadol, Ultram or Tramadol, and others.
4. Amphetamines and other stimulants- Dexedrine, Benzedrine, Fastin, Ionamin, Tenuate, Ephedrine, Ritalin, Cylert, Adderal and others.
5. Decongestants or weight-control preparations which contain Ephedrine, Pseudoephedrine, Phenylpropanolamine or other non-medicinal products or non-FDA approved supplements.

We advise our participants to **NOT** use **ANY** preparations which contain alcohol or ethanol. This includes most cough preparations, mouthwashes, colognes, perfumes, and aftershaves.

You must read the labels! Anything with alcohol is prohibited

Curfew

The Treatment Court or Probation Agent may assign you a curfew while in phase I and/or II. Your curfew must be complied with unless prior permission is obtained.

Search and Arrest Requirements

As a participant in the Treatment Court program, you are required to submit your person, vehicle, place of residence or area to search and seizure of stolen property, drugs or other contraband at any time of the day or night with or without a search warrant, without prior notice and without probable cause by any Treatment Court staff, probation agent or peace officer.

Ignition Interlock Program

As a participant of Jackson County Adult Treatment Court or Veterans Treatment Court Track you may have the opportunity to be granted a restricted driver's license. However, there are some important things you need to know about the program and license.

- The Treatment Court Director will run a check with Secretary of State to see if a client is eligible to apply.
- Must be a participant in the Adult Treatment Court or Veterans Treatment Track and must install an ignition interlock device on a vehicle that you own and operate.
- Once the ignition interlock device is installed, a proof of installation certificate will be provided. The Treatment Court judge will sign the MC 393 court form granting the opportunity to apply for a permit and fax it to the Secretary of State.
- The Secretary of State will conduct a final review of your driving record and will mail you a restricted license if deemed eligible.

Family Support

The Treatment Court Team believes we must include your family into the process of recovery. Your wife/husband/significant other or someone who cares deeply for you can ask the Treatment Court Team to meet with them for assistance if they desire. The Jackson County Adult Treatment Court will also provide them with information on other locations they can go for further support.

Program Evaluation

Data analysis will be conducted annually by the outside evaluator to ensure compliance with best practices. Additionally, the evaluator will work with staff, partners, and stakeholders to interpret results in order to address any quality and performance improvement opportunities. The evaluator compiles data from DCCMIS, DCAS and focus group forums in order to compose a report that consists of program data, inferential analysis, and participant perceptions. The report provides progress toward the programs goal and objectives and identifies potential issues.

The Jackson County Adult Treatment Court program has also implemented exit and follow-up surveys to evaluate program operations and outcomes. These evaluations are described below.

Exit Survey

All participants of the Jackson County Adult Treatment Court program will be provided an exit-survey upon leaving the program, successfully or unsuccessfully. The survey will be provided to the individual at the time of discharge and is completely voluntary.

The completed exit surveys will be stored in the Adult Treatment Court office. The data will be used to evaluate target population, discharge reason, employment status, treatment status, and participant needs and/or insights.

Follow-up with successful discharges

Prior to a participant's successful discharge from the Adult Treatment Court Program, information regarding a post program evaluation survey will be provided. This program is completely voluntary and is not an extension of the court's jurisdiction. Those that choose to participate will sign the Post Program Agreement form. The surveys will be sent out annually in September and each survey will provide the participant an opportunity to opt out of participation.

Confidentiality

You must sign a "Consent for Disclosure of Confidential Substance Abuse Information". This disclosure of information is for the sole purpose of hearings and reports concerning your specific Treatment Court case. Not signing or cancellation of your consent prior to graduation for any reason will be grounds for termination from the Treatment Court program.

You will also be asked to sign a consent form in regards to the court proceedings. This will acknowledge there will be in-court discussions about your case which will be recorded and are not confidential. By signing this form, you agree to open discussion in the courtroom. Also, you will be giving consent for the use of your graduation video for public service purposes and for other such uses as may be determined by the Treatment Court Judge.

Confidentiality of Alcohol and Drug Abuse Patient Records

The confidentiality of alcohol and drug abuse patient records maintained by this program is protected by Federal law and regulations. Generally, the Program may not say to a person outside the Program that a patient attends the Program, or disclose any information identifying a patient as an alcohol or drug abuser unless:

- (1) The patient consents in writing;
- (2) The disclosure is allowed by a court order; or
- (3) The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research, audit, or program evaluation.

Violation of the Federal law and regulations by a program is a crime. Suspected violations may be reported to appropriate authorities in accordance with Federal regulations. Federal law and regulations do not protect any information about a crime committed by a patient either at the program or against any person who works for the program or about any threat to commit such a crime. Federal laws and regulations do not protect any information about suspected child abuse or neglect from being reported under State law to appropriate State or local authorities. See 42 U.S.C. 290dd-3 and 42 U.S.C. 290ee-3 for Federal laws and 42 CFR part 2 for Federal regulations.)

Treatment Court Staff Contact Information

From this time on, you are required to keep the program staff informed as to your treatment and participation in the program. Contact the following numbers if you have questions or need to provide new information.

Jake Stressman- Coordinator
Office 517.768.7839
Fax 517.208.2803
jstressman@mijackson.org

Shelly Kosmet- Case Manager
Cell 517.414.6147
Office 517.768.8517
Fax 517.208.2803
skosmet@mijackson.org

Additional resources available at
<https://www.mijackson.org/AdultTreatmentCourt>