

**FOR IMMEDIATE RELEASE:** Tuesday, August 27, 2024

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### **Jackson County Health Department to Host Seminar on Teen Marijuana Use**

**JACKSON COUNTY, MI**– The Jackson County Health Department is excited to announce a special parent seminar called "High Stakes: Navigating Teen Cannabis Use." This one-hour session will help parents understand and talk about marijuana use with their teens.

As marijuana becomes more common, it's important for parents to know how to guide their teens. This seminar will discuss the latest research on how marijuana affects teenagers, including the risks and impacts on their development. Parents will learn why teens might try or use cannabis and how to recognize the signs.

The seminar will focus on how parents can communicate effectively with their teens about marijuana. Experts will offer practical advice on starting open, honest conversations that build trust and respect. Parents will also learn how to create a supportive environment that helps teens make smart choices and avoid peer pressure.

The seminar will be led Stephanie Huhn and Dr. Colin King, who brings their extensive knowledge and experience in adolescent development and substance use prevention.

#### **Event Details:**

- **Title:** High Stakes: Navigating Teen Cannabis Use
- **Date:** Thursday, September 5th
- **Time:** 5:30-7pm
- **Location:** Jackson County Health Department, 1715 Lansing Ave, Jackson MI 49201 RM 248
- **Registration:** [Jackson County Health Department: High Stakes: Navigating Teen Cannabis Use](http://JacksonCountyHealthDepartment.org/HighStakes) ([signupgenius.com](http://signupgenius.com))

This event is free and open to all parents, guardians, and caregivers who are interested in learning more about how to support their teens in today's challenging environment. **FREE** food and gift card giveaway! Space is limited, register early.

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