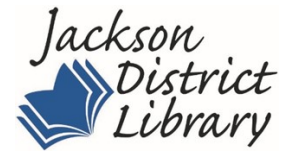


# Jackson District Library Presents: TIMESLIPS



## Crouch Senior Center Wednesdays

January 25 & February 22, 2023

10 am to 11 am

Register! 768-8691

*Class Size Limited to 10*

**TimeSlips.** Bringing meaning & purpose into the lives of elders through creative engagement. As our bodies and minds change with age, people ask – “How can I connect with my mom? My friends? My neighbor?” TimeSlips says try imagination...

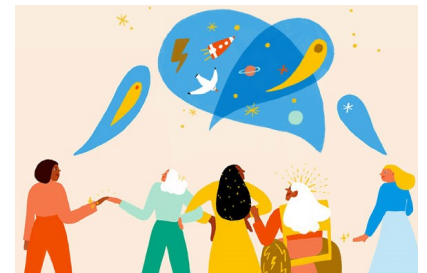
### What is Meaningful and Creative Engagement?

Do you know someone who is isolated or perhaps wrestling with dementia? You want to engage but don't know how?

**Let us help.** Ask a Beautiful Question and invite someone to imagine, using words, sounds, movements and images. Shift away from the expectation of memory – toward the freedom that imagination can bring.

**Folks in early to moderate stages of memory loss may even participate!**

**Facilitator: Anne de Irala, Jackson District Library**



*Crouch Senior Center*



**JACKSON COUNTY  
DEPARTMENT ON AGING**

1715 Lansing Avenue  
Jackson, MI 49202

Enrichment: 517-768-8691  
Main Number: 517-788-4364  
LMead@mijackson.org