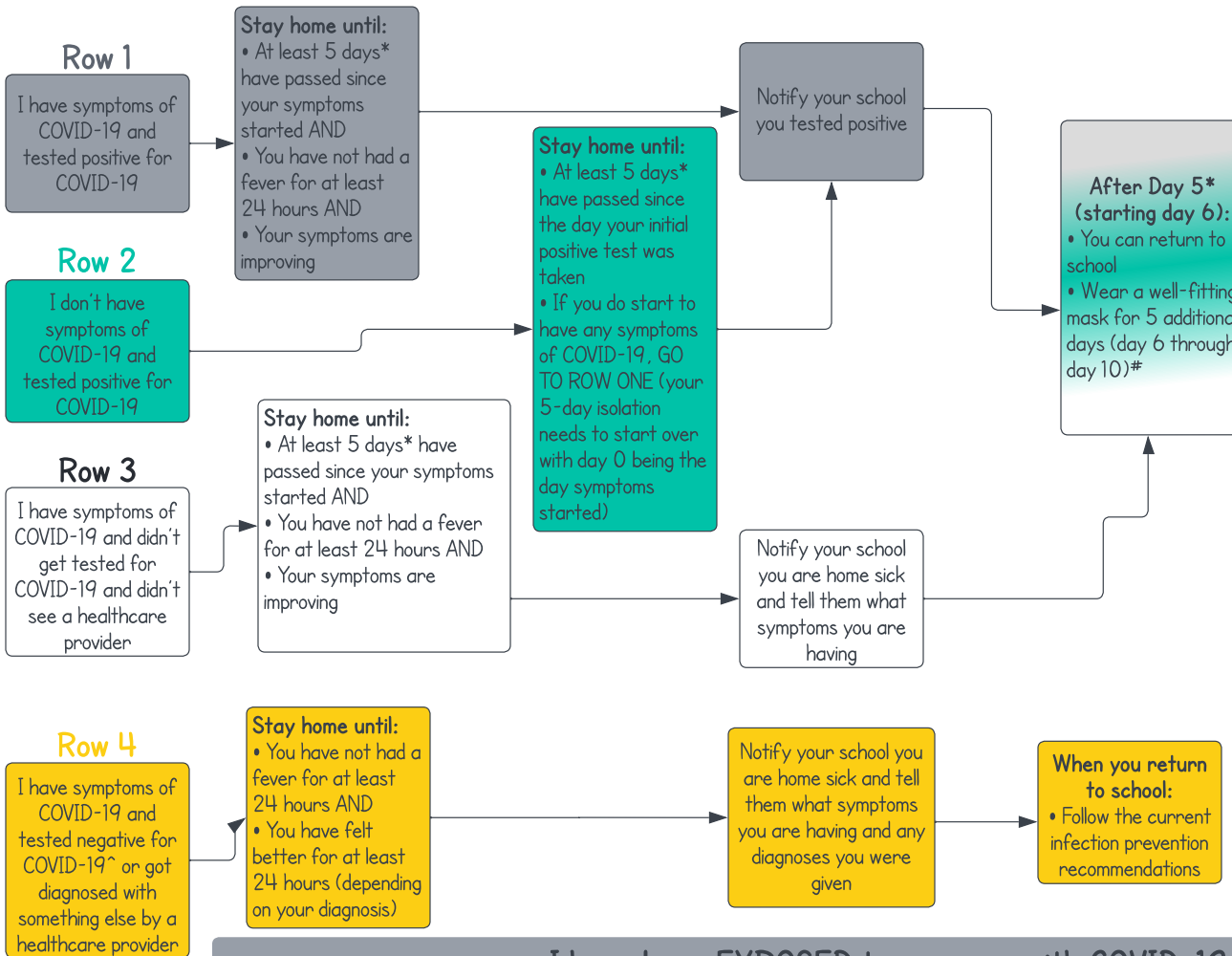


What to do with COVID-19 Isolation and Exposure 2022-2023 school year

I am SICK and/or I have tested POSITIVE FOR COVID-19
NOTE: Guidance is the same whether or not you have had any COVID-19 vaccines



*For those with COVID-19, day 0 is the first day of symptoms (if you have symptoms) or the day your positive test was taken (if you don't have symptoms); for those with exposures, day 0 is the last day they were exposed

* If you wish, you can also use antigen testing to see if you can remove your mask prior to 10 days. With two negative antigen tests 48 hours apart, done after day 5, you may remove your mask sooner than day 10. HOWEVER, if your antigen test results are positive, you may still be infectious, and you should continue wearing a mask and wait at least 48 hours before taking another test. Continue taking antigen tests at least 48 hours apart until you have two negative results in a row. This may mean you need to continue wearing a mask and testing beyond day 10 if you chose this path.

^In a person with symptoms, a negative test is defined as (See CDC antigen algorithm for interpretation of antigen tests):

1. A negative PCR/molecular test, or
2. A negative antigen test followed by a negative PCR test within 48 hours, or
3. Two negative antigen tests performed within 24-48 hours of each other:



I have been EXPOSED to someone with COVID-19
NOTE: Guidance is the same whether or not you have had any COVID-19 vaccines

